

MAINE SWIMMING, INC.

To: All Maine LSC Swim Clubs, Coaches, Swimmers and Parents May 2008

Subject: Selection Process and Athlete Application for 2008 Maine Long Course Zone Team

If you are a club contact or coach, you are requested to share the following information with all of the members of your swim team. Please take the time to disseminate and discuss this information with all of your club members, especially 10 & under swimmers. E-mail any questions to Laura Branch at zonechair@maineswimming.org. This information is also posted on the Maine Swimming, Inc.'s website, www.maineswimming.org

The Eastern Zone Long Course Championship Meet will be held August 6 to 9, 2008 (Thursday to Saturday) at the Montgomery Aquatic Center for 13 and over, and 12 and under at the Rockville Municipal Swim Center in North Bethesda and Rockville, Maryland. The Open Water Swim will be held on August 10, 2008 at Pohick Bay, VA.

Qualification Criteria:

1. All athletes must be registered with USA Swimming and Maine Swimming for the 2008 swim year. Swimmers must have an annual membership. Seasonal memberships are not allowed in Zone competition.
2. Age qualification for the meet is the swimmer's age on the first day of the meet, August 6, 2008.
3. A swimmer must submit an application with fee and related forms by the application deadline of July 13, 2008.

Application Process and Qualifying Times:

1. Each swimmer must submit an Application, a Code of Conduct Form, Emergency Treatment Form and the Waiver for Photographs Form accompanied by a \$ 50.00 fee to: Laura Branch, 37 Shaker Rd., Gray, ME, 04039, on or before July 13, 2008. A full refund will be issued to those swimmers who apply, but do not qualify for the team. Athletes who apply for the team and withdraw from consideration, after July 20th, will not receive a refund.
2. Times achieved at any USA Swimming Sanctioned, Approved or Observed meet between August 8, 2007 and July 30, 2008 may be used to qualify for the Summer Zone Team. Times achieved by swimmers selected for the team after July 13, 2008 through MSI Summer Champs may be used for seeding at Summer Zones.
If you participate in any Approved or Observed meets which are not sanctioned MSI meets, you must submit meet results to Laura Branch at zonechair@maineswimming.org no later than July 13, 2008 and these times must be in the SWIMS National Times Database. An Official SWIMS Results Report must be obtained and provided to the Senior and Age Group Chairs for entries.
3. **APPLICATION DEADLINE IS JULY 13, 2008. INCOMPLETE APPLICATIONS OR APPLICATIONS RECEIVED AFTER THAT DATE WILL NOT BE ACCEPTED.**

Team Selection Criteria:

Each LSC may enter all swimmers who achieved the time standard. If an LSC does not have two (2) swimmers who have achieved the time standard, the LSC may enter no more than two (2) swimmers in that event. These swimmers shall be entered with their actual time. All entry times must be in LC meters. Below are the criteria that Maine Swimming uses for the swimmers that have not achieved the time standards.

1. The qualifying time must be equal to or faster than the AA Standard.
2. Swimmers may compete in a maximum of 6 individual events for this meet (no more than 3 individual events per day). If a swimmer qualifies in more than 6 events total or more than 3 events on a particular day, the Senior and Age Group Chairs will decide which events to enter the swimmer.
3. Swimmers who meet qualifying times for Junior or Senior Nationals or the US Open are not eligible to participate on the Zone Team.
4. The MSI Senior and Age Group Chairs will determine the final make-up of the team.
5. Maine Swimming will provide coaching on the deck.

Parents' Responsibility:

1. You must be prepared to pay for the trip by July 13, 2008 (total cost = \$50.00 to MSI). Each swimmer will get a T- shirt, a pair of shorts, and a cap from Maine swimming for attending this meet. The entry fee for the Open Water Swim would be in addition to the fee of \$ 50.00. If your swimmer is interested in the open water swim please have your coach contact Laura Branch for further information. The \$50.00 fee covers the entry fees for the swim meet.
2. You are responsible for transportation for your child to the meet and home from the meet.
3. You are responsible for making sure your child gets to the meet on time.
4. You are responsible for your child when the child is not on deck.
5. You are responsible for making sure that all paperwork and fees are turned in by July 13, 2008.
6. Coaches are responsible for making sure the swimmers gets to the block for their events.

**2008 MAINE SWIMMING
LONG COURSE ZONE ALL STAR TEAM
APPLICATION**

APPLICATION DEADLINE: JULY 13, 2008

INCOMPLETE APPLICATIONS WILL NOT BE ACCEPTED

Name: _____ Club: _____

Parent's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: (_____) _____

E-Mail: _____

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Age on August 6, 2008: _____

T-Shirt Size (circle one) X-Small Small Medium Large X-Large

Shorts Size (circle one) X-Small Small Medium Large X-Large

NOTE: This information will be used to place the equipment orders beginning July 14, 2008. Please make sure the size information is accurate.

**Fee: \$50.00 Please make checks payable to:
Maine Swimming**

Send: Application, Code of Conduct/Emergency Treatment Form and Fee
to: Laura Branch, 37 Shaker Rd., Gray, Maine, 04039

For MSI Use Only

Application and Code of Conduct/Medical Form Received ____/____/____

Paid by Check Number _____ Note _____

MAINE SWIMMING SUMMER ZONE ALL STAR TEAM CODE OF CONDUCT

All Maine Swimming Zone Team Members (Swimmers and Coaches) are required to adhere to the Following Code of Conduct:

1. Team attire must be worn while on deck and during all competition.
2. Attendance at all team meetings is mandatory.
3. Theft of any type is prohibited
4. PROHIBITED is the possession or use of alcoholic beverages, tobacco and illegal drugs.
5. Inappropriate or destructive behavior is prohibited and will not be tolerated.
6. Disrespect, including sexual harassment or the appearance of sexual harassment, "towards any member of our team," including but not limited to our athletes, coaches, chaperones, and managers will not be tolerated.

THE ABOVE CODE OF CONDUCT WILL BE IN EFFECT FROM THE TIME THE TEAM IS ASSEMBLED UNTIL RELEASE AT THE END OF THE TRIP.

VIOLATIONS OF ANY OF THE ABOVE WILL RESULT IN THE FOLLOWING:

- Immediate dismissal from the team
- Scratching from further competition.
- Further disciplinary action from the Board of Directors of Maine Swimming.

I have read and understand the above code of conduct and I agree to abide by the above code of conduct while a member of the Maine Swimming Zone Team.

ATHLETE'S SIGNATURE: _____ Date: _____

PARENT/GUARDIAN SIGNATURE: _____ Date: _____

WAIVER FOR PHOTOGRAPHS

My signature below grants Maine Swimming, Inc. permission to use my child's photograph, image or likeness on the Maine Swimming, Inc.'s Website.

Parent/Guardian signature: _____ **Date:** _____

PERMISSION FOR EMERGENCY TREATMENT

I HEREBY GIVE PERMISSION TO THE STAFF MEMBERS OF THE MAINE SWIMMING ALL STAR ZONE TEAM TO SIGN FOR EMERGENCY MEDICAL TREATMENT FOR MY SON/DAUGHTER , DURING THE MAINE SWIMMING TRIP TO THE EASTERN ZONE CHAMPIONSHIP MEET, IN THE EVENT THAT I CANNOT BE REACHED AT THE TIME OF THE EMERGENCY.

ATHLETE'S NAME: _____

PARENT/LEGAL GUARDIAN SIGNATURE: _____

EMERGENCY TELEPHONE No's. TO CALL DURING TRIP _____

INSURANCE INFORMATION

Carrier Name: _____ Tel. No.: _____

ID # _____ Group No.: _____