

MAINE SWIMMING, INC.

July 5, 2008

Dear Swimmers, Parents and Coaches:

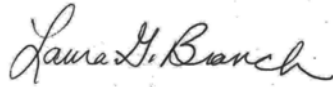
Regretfully Maine Swimming, Inc. will not be participating in the All Star Meet in Nova Scotia this year. After obtaining quotes for the hotel, meals and transportation for the trip to Halifax, it was clear that the costs were much higher than expected and far exceed our budget or the swimmers ability to pay. I brought this information to our Board of Directors at their meeting on May 17th. After quite a bit of discussion, the Board regretfully recommended that we not participate in the All Star Meet this year. The recommendation was brought forward to the House of Delegates, who concurred with that recommendation. The cost would have to be deferred to each swimmer and the Board, along with the House of Delegates, felt that this cost was too much for the swimmers to bear and Maine Swimming simply can't afford to handle the added expense. As you are aware, the costs for transportation in particular and other items have gone up significantly in the past 6 months. The cost for this trip is double the cost of the trip 3 years ago.

We all feel like the experience we've had with Nova Scotia and New Brunswick has been very positive and worth the time, effort, and cost. We hope the economy in the near future will stabilize and allow us to once again resume participation in the All Star Meet. It has been a great opportunity, and we'd like to continue our relationship with both New Brunswick and Nova Scotia.

Maine Swimming has decided that we do not want to leave the swimmers in Maine without something fun and educational. On November 8, 2008, Maine Swimming will host a Camp for all swimmers who are USA-S registered members of Maine Swimming. To further add to this fun on the same day there will be an Intrastate All Star Meet for the swimmers who attend the camp. Maine Swimming, Inc. has invited Kaitlyn Sandeno an Olympic Swimmer to attend the camp. At the 2000 Summer Olympics, Kaitlyn won the Bronze Medal in the 800 Meter Freestyle, along with 4th place finish in the 400 Meter Individual Medley (IM) and 6th place finish in the 200 Meter Butterfly. While enrolled at the University of Southern California, she won the 200 Meter Butterfly, 200 Meter IM, and 400 Meter IM at the 2003 USA National Championship. At the 2004 Olympics, she won three more Olympic Medals: a Silver Medal in the 400 Meter IM, a Bronze Medal in the 400 Meter Freestyle, and a Gold Medal in the 4x200 Meter Freestyle Relay. This relay set an American Record at the time of the swim. Maine Swimming, Inc. has also invited a nutritionist to speak to the swimmers about how swimmers should eat to help them get the best out of their performances and a physical therapist/athletic trainer to speak to the swimmers about how to prevent shoulder injuries, which are a very common injury for swimmers.

This event will be held at Bath Area Family YMCA on November 8, 2008. The camp will be from 10:00 AM to 2:00 PM. There will be a lunch break before the Intrastate All Star Meet. Lunch will not be included. Warm up will be between 4:00 PM – 4:55PM and the meet will start at 5:00 PM. The swimmers will be divided into teams and entered into events by the coaches. The coaches expected to participate include Jim Willis, MDIY, Leanne Gravel, CMA, Jay Morissette, LRSC, Jared Felker, SEAL, Tom Manduca, TCST and Butch Babin, HSC. All applications and the fee of \$75.00 must be postmarked by September 15th, 2008. Applications will be available next week on Maine Swimming, Inc.'s website under the Camp section. They will also be available for pickup at the admission/program and tee shirt table at the 2008 Maine Swimming, Inc. Summer Combined Championships. There will be a limited amount of space available for this fun day, so you need to send in your fully completed application as soon as possible. Applications will be accepted at the program and tee shirt table during Summer Championships. If you have questions please feel free to contact Laura Branch at campcoordinator@maineswimming.org. Please make all checks payable to Maine Swimming, Inc. and mail them to Laura Branch at 37 Shaker Rd, Gray, ME 04039.

Sincerely yours,

A handwritten signature in cursive script that reads "Laura G. Branch".

Laura G. Branch
Maine Swimming, Inc.
Camp Coordinator
Zone/All Star Chair