
RECORDS Maine LC Meters
LC Meters-Women

8 & U	50 Free	36.14	24-May-96	CMA	Emily Caras - Springfield	
	100 Free	1:18.01	24-May-96	CMA	Emily Caras - Springfield	
	50 Back	46.53	23-Jul-08	LRSC	Caitlin Tycz - MSI Summer Champs	
	50 Breast	50.50	28-Jul-06	TCST	Olivia Paione - MSI Summer Champs	
	50 Fly	45.90	23-Jul-08	LRSC	Caitlin Tycz - MSI Summer Champs	
	200 IM	3:21.89	24-May-96	CMA	Emily Caras - Springfield	
	200 Free Relay	55:55.55	1-Jan-00			
	200 Medley Relay	4:34.97	28-Jul-07	LRSC	E. Mattingly, M. Huey, S. Soucek, Z. Clegg	
10 & U	50 Free	30.80	25-May-98	CMA	Emily Caras - Springfield	
	100 Free	1:07.77	25-May-98	CMA	Emily Caras - Springfield	
	200 Free	2:32.69	25-May-98	CMA	Emily Caras - Springfield	
	400 Free	5:35.36	6-Aug-03	CMA	Laura Flewelling - Zones, Pittsburgh	
	50 Back	38.07	7-Aug-96	CMA	Angelica Roy - Zones, Pittsburgh	
	100 Back	1:23.08	11-Aug-04	HSC	Mariah Reading - Zones, Buffalo	
	50 Breast	41.25	10-Aug-94	CMA	Whitney Rockwell - Zones, Pittsburgh	
	100 Breast	1:31.56	10-Aug-94	CMA	Whitney Rockwell - Zones, Pittsburgh	
	50 Fly	34.39	25-May-98	CMA	Emily Caras - Springfield	
	100 Fly	1:12.18	25-May-98	CMA	Emily Caras - Springfield	
	200 IM	2:49.45	25-May-98	CMA	Emily Caras - Springfield	
	200 Free Relay	2:34.84	27-Jul-07	LRSC	L. Russell, E. Burrill, L. Soucek, E. Soucek	
	400 Free Relay	5:43.90	23-Jul-08	LRSC	C. Tycz, E. Burrill, S. Lin, L. Russell	
	200 Medley Relay	2:47.96	23-Jul-08	LRSC	C. Tycz, S. Lin, L. Russell, E. Burrill	
11-12	50 Free	27.48	23-Jul-08	CMA	Emily Caras - PVAC	
	100 Free	1:02.36	26-May-00	CMA	Emily Caras - PVAC	
	200 Free	2:13.75	26-May-00	CMA	Emily Caras - PVAC	
	400 Free	4:38.02	26-May-00	CMA	Emily Caras - PVAC	
	800 Free	11:40.16	17-May-02	CMA	Alison Harmon - Invitation Internationale, Montreal	
	1500 Free	18:46.41	25-Jun-99	CMA	Emily Caras - Poland Spring LC AA Invitational	
	50 Back	33.30	14-Aug-92	PPSC	Jamie Cail - Zones, NJ	
	100 Back	1:10.42	13-Aug-92	PPSC	Jamie Cail - Zones, NJ	
	200 Back	2:41.21	29-Jul-05	LRSC	Petra Janney - MSI Summer Champs	
	50 Breast	37.12	7-Aug-96	CMA	Whitney Rockwell - Zones, Pittsburgh	
	100 Breast	1:21.75	7-Aug-96	CMA	Whitney Rockwell - Zones, Pittsburgh	
	200 Breast	2:57.41	9-Aug-06	BGRY	Mariah Reading - Zones, Buffalo	
	50 Fly	31.03	11-Aug-99	CMA	Emily Caras - Zones, Pittsburgh	
	100 Fly	1:07.84	26-May-00	CMA	Emily Caras - PVAC	
	200 Fly	2:35.03	25-Jun-99	CMA	Emily Caras - Poland Spring LC AA Invitational	
	200 IM	2:33.99	26-May-00	CMA	Emily Caras - PVAC	
	400 IM	5:19.15	26-May-00	CMA	Emily Caras - PVAC	
	200 Free Relay	2:12.46	23-Jul-08	LRSC	L. Soucek, E. Soucek, H. Ziegra, H. Logan	
	400 Free Relay	4:54.47	29-Jul-06	BGRY	P. Nitardy, A. Beauchamp, T. Rogers, M. Reading	
	200 Medley Relay	2:32.07	23-Jul-08	LRSC	E. Soucek, L. Soucek, H. Ziegra, H. Logan	
	13-14	50 Free	27.64	29-Aug-97	CCSC	Kate Kovenock - Y Nationals
		100 Free	1:01.33	29-Jul-04	CCSC	Erin Thomas - MSI Summer Champs
200 Free		2:10.94	17-May-02	CMA	Emily Caras - Invitation Internationale, Montreal	
400 Free		4:36.67	17-May-02	CMA	Emily Caras - Invitation Internationale, Montreal	
800 Free		9:25.35	17-May-02	CMA	Emily Caras - Invitation Internationale, Montreal	
1500 Free		18:21.34	23-Jul-00	CMA	Emily Caras - Poland Springs Invit	

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13-14	100 Back	1:10.10	29-Jul-04	CMA	Nicole Harmon - MSI Summer Champs
	200 Back	2:34.47	27-Jul-03	CMA	Nicole Harmon - MSI Summer Champs
	100 Breast	1:18.07	11-Jan-08	CMA	Laura Flewelling - Burgdorff Invitational
	200 Breast	2:50.59	7-Aug-98	CMA	Whitney Rockwell - Zones, Baltimore
	100 Fly	1:07.81	7-Aug-98	CMA	Whitney Rockwell - Zones, Baltimore
	200 Fly	2:26.93	26-Jul-01	CMA	Taylor McFarlane - Eastern Canada Cup
	200 IM	2:32.89	7-Aug-98	CMA	Whitney Rockwell - Zones, Baltimore
	400 IM	5:18.97	17-May-02	CMA	Emily Caras - Invitation Internationale, Montreal
	200 Free Relay	2:04.01	29-Jul-04	CMA	N. Glab, L. Wennberg, D. Gravel, N. Harmon
	400 Free Relay	4:25.21	26-Jul-07	CMA	L. Flewelling, K. Ryan, K. Wolfe, H. Kraft
	800 Free Relay	9:54.37	27-Jul-07	CMA	L. Flewelling, K. Wolfe, H. Kraft, K. Ryan
400 Medley Relay	4:55.84	28-Jul-07	CMA	L. Flewelling, A. Lundkvist, K. Ryan, H. Kraft	
15-16	50 Free	26.74	27-Mar-01	CMA	Whitney Rockwell - JR Nationals
	100 Free	1:00.97	31-Jul-05	CCSC	Erin Thomas - MSI Summer Champs
	200 Free	2:13.72	7-Aug-02	SEAL	Kait Strickland - Zones, Buffalo
	400 Free	4:35.71	7-Aug-02	SEAL	Kait Strickland - Zones, Buffalo
	800 Free	9:24.54	7-Aug-02	SEAL	Kait Strickland - Zones, Buffalo
	1500 Free	17:56.35	27-Jul-03	CMA	Jenn Flaherty - Speedo Championship Series
	100 Back	1:07.19	23-Jul-08	SYT	Jenni Roberts - MSI Summer Champs
	200 Back	2:26.55	23-Jul-08	SYT	Jenni Roberts - MSI Summer Champs
	100 Breast	1:16.84	29-Jul-04	SEAL	Gina Mancini - MSI Summer Champs
	200 Breast	2:46.56	27-Jul-03	CMA	Jenn Flaherty - Speedo Championship Series
	100 Fly	1:04.69	1-Aug-00	CMA	Whitney Rockwell - JR Nationals
	200 Fly	2:23.16	1-Aug-00	CMA	Whitney Rockwell - JR Nationals
	200 IM	2:27.59	1-Aug-02	SEAL	Kait Strickland - Speedo Championship Series
	400 IM	5:05.36	7-Aug-02	SEAL	Kait Strickland - Zones, Buffalo
15-18	200 Free Relay	1:57.26	31-Jul-05	SEAL	A. Hahn, G. Mancini, C. Chykaliuk, K. Boffa
	400 Free Relay	4:10.90	29-Jul-04	SEAL	T. McFarlane, E. Youmans, G. Mancini, S. Knight
	800 Free Relay	9:17.36	23-Jul-08	CMA	L. Flewelling, C. Beecher, N. Daly, D. Bernier
	200 Medley Relay	2:12.98	23-Jul-08	CMA	N. Harmon, L. Flewelling, N. Daly, D. Bernier
400 Medley Relay	4:42.43	29-Jul-04	SEAL	T. McFarlane, G. Mancini, K. Goodman, S. Knight	
17-18	50 Free	26.40	19-Mar-02	CMA	Whitney Rockwell - SR Nationals
	100 Free	1:00.41	31-Jul-07	BYB	Erin Thomas - Y Nationals
	200 Free	2:10.68	23-Jul-08	SEAL	Kristin Jackson - MSI Summer Champs
	400 Free	4:33.01	29-Jul-04	CMA	Jenn Flaherty - MSI Summer Champs
	800 Free	9:15.30	22-Jul-04	CMA	Jenn Flaherty - Speedo Championship Series
	1500 Free	17:33.69	29-Jul-04	CMA	Jenn Flaherty - MSI Summer Champs
	100 Back	1:06.93	16-Jul-98	PPSC	Angie Chessey - NE Seniors
	200 Back	2:26.34	13-Mar-08	SEAL	Alica Hahn - Speedo Championship Series
	100 Breast	1:16.82	26-Jul-01	CMA	Lyndesy McCaslin - Eastern Canada Cup
	200 Breast	2:45.77	29-Jul-04	CMA	Jenn Flaherty - MSI Summer Champs
	100 Fly	1:03.50	14-Aug-01	CMA	Whitney Rockwell - SR Nationals
	200 Fly	2:27.07	23-Jul-08	SEAL	Kristin Jackson - MSI Summer Champs
	200 IM	2:25.51	13-Mar-08	SEAL	Kristin Jackson - Speedo Championship Series
	400 IM	5:11.95	11-Mar-04	CMA	Jenn Flaherty - Speedo Championship Series
	50 Free	26.40	19-Mar-02	CMA	Whitney Rockwell - SR Nationals
	100 Free	1:00.41	31-Jul-07	BYB	Erin Thomas - Y Nationals
	200 Free	2:10.68	23-Jul-08	SEAL	Kristin Jackson - MSI Summer Champs
	400 Free	4:33.01	29-Jul-04	CMA	Jenn Flaherty - MSI Summer Champs
	800 Free	9:15.30	22-Jul-04	CMA	Jenn Flaherty - Speedo Championship Series

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1500 Free	17:33.69	29-Jul-04	CMA	Jenn Flaherty - MSI Summer Champs
100 Back	1:06.93	16-Jul-98	PPSC	Angie Chessey - NE Seniors
200 Back	2:26.33	29-Jul-04	CCSC	Megan Wolters - MSI Summer Champs
100 Breast	1:16.69	1-Aug-02	CMA	Lyndsey McCaslin - NE Open LCM Champs
200 Breast	2:45.77	29-Jul-04	CMA	Jenn Flaherty - MSI Summer Champs
100 Fly	1:03.50	14-Aug-01	CMA	Whitney Rockwell - SR Nationals
200 Fly	2:22.88	2-Apr-04	SEAL	Vanessa Williamson - 2004 Counsilman Classic
200 IM	2:25.51	13-Mar-08	SEAL	Kristin Jackson - Speedo Championship Series
400 IM	5:05.36	7-Aug-02	SEAL	Kait Strickland - Zones, Buffalo
200 Free Relay	1:57.26	31-Jul-05	SEAL	A. Hahn, G. Mancini, C. Chykaliuk, K. Boffa
400 Free Relay	4:10.69	23-Jul-08	SEAL	K. Desrosiers, E. McKinnon, K. Desrosiers, K. Jackson
800 Free Relay	9:17.36	23-Jul-08	CMA	L. Flewelling, C. Beecher, N. Daly, D. Bernier
200 Medley Relay	2:12.04	23-Jul-08	SEAL	K. Jackson, H. Kraft, K. Violette, K. Desrosiers
400 Medley Relay	4:39.93	27-Jul-06	SEAL	A. Hahn, G. Mancini, K. Goodman, K. Boffa